

# Team competition on Trail Orienteering Paralympic Cup "KAPA ' 2009 "

## ORIENTĒŠANĀS TAKU DISTANCĒ



# INVITATION

From July, 3 till July, 5th in region of Northern Kurlandy of Latvia in Talsi

[www.talsi.lv](http://www.talsi.lv)

and

"Lejastiezumi" — conference and recreation centre

[www.lejastiezumi.lv](http://www.lejastiezumi.lv)

## Teams

Team - 4 Paralympic participants from each country

The quantity of teams from the country is not limited

## Program

July, 3 In Talsi	Till 3 <sup>00</sup> p.m. 4 <sup>00</sup> p.m	Arrival and registration of participants. Start on the Trail Orienteering first course
July, 4 In Talsi	4 <sup>00</sup> p.m	Start on the Trail Orienteering second course
July, 5 In Lejastiezumi	10 <sup>00</sup> a.m. After 3 <sup>00</sup> p.m	Start on the Trail Orienteering third course Awarding

## Terrain and Map

July, 3 and 4

Terrain: parks, streets, court yard in the town Talsi;

Map: Mapping in 2008 – 2009.

Map symbols ISSOM-2007.

Scale 1:4000, Height between a horizontal curve 2,5 m.

Draw Janis Gaidelis

July, 5

Terrain: territory "Lejastiezumi" — conference and recreation centre.

Map: Mapping in 2009.

Map symbols ISSOM-2007.

Scale 1:4000, Height between a horizontal curve 2,5 m.

Draw Janis Bergs

## Entry application and payment

Entry application Till June, 28th 2009

Include: The country, The club name, Name and surname, year of a birth and than the team will arrive on competition - on the own transport or on public transport.

E - mail: [orient@navigator.lv](mailto:orient@navigator.lv)

Phone: + 371 29928638

Entry application after Till June, 28th does not guarantee possibility the take part to competitions.

Pay - 7 LVL

Young men are 19 years – 3 LVL

( 1 EUR ~ 0,7 LVL )

Payment in competition day

Entry application after June, 28th or with no entry application should pay 200 %.

## Summing Up

By the sum of three days three best results of participants gives points to their teams.

## Awarding

Teams which will take first three places will be awarded by cups of Orienteering Club KAPA, participants of commands souvenirs

## Food

Independently in cafe or restaurants in Talsi. In the centre competition there will be an information and approximate prices

## Accommodation

Not far from Talsi in village Mudingciems in a country house „VIZBULĪTES”



Number of beds: 24

Number of rooms: 9

Price: 10.00 - 15.00 LVL (per person)

### Other possibilities:

On a floor, on mattress 3 LVL (per one night)

On a floor without a mattress with the sleeping stock 1 LVL  
(In one night)

Place for tent (for days)

There is a shower and a sauna

Phone: (+371) 29343692

<http://www.vizbuliites.lv/>

### Other places of lodging for the night in Talsi

<http://www.talsurajons.lv/index.php/page,Content/id,188>

## The information for commands which will arrive on public transport

The schedule of buses Riga - Talsi and other information on this link

[http://www.1188.lv/satiksmestarpilsetu\\_autobusi/](http://www.1188.lv/satiksmestarpilsetu_autobusi/)

Teams which will not have a car, on July, 5th to a place competitions and back will go on car prepared by organizers.

Payment for a trip of Talsi - Lejastiezumi - Talsi 5 LVL

## The additional information

Janis Bergs

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or

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