

Competition on Trail Orienteering and Tempo
 Paralympic Cup
 JURMALA' 2010

The first stage „BALTIC CUP' 2010”



"TU VARI '2010"

INVITATION

April 25, 2010
 Jurmala, Jaunkemeri
 LATVIA

Competition passes, on April 25, 2010 in Jurmala, Jaunkemeri, Latvia

Event center

The centre competition will be located in RRC „Jaunkemeri”, 20 Kolkas Street, Jurmala, Latvia.

<http://www.jaunkemeri.lv/en/visi-kontakti-1290>

Groups of participants

- Paralympic group;
- Open group.

Team

The quantity of participants in a Team is not limited, but not less than three paralympic participants from each country.

Programme

10 ⁰⁰ -11 ⁰⁰ a.m.	Arrival and registration of participants.
12 ⁰⁰ -1 ⁰⁰ p.m.	Start in Trail orienteering.
2 ⁰⁰ -3 ⁰⁰ p.m.	TempO competition
Approx. 5 ⁰⁰ p.m.	Awarding

Terrain and Map

Terrain: Terrain is a lot of tracks and a footpath. Dunes a microrelief with accurate forms.

Map: Mapping in 2008 – 2010.

Map symbols ISSOM-2007.

Scale 1:4000, Height between a horizontal curve 2,5 m.

Entry application and payment

Entry application **Till April, 20, 2010**

Include: The **club name, Name and surname, year of a birth, group** (*Paralympic or opened*)

E - mail: orient@navigator.lv

Phone: **+ 371 29928638**

Pay - **3 LVL**

Young men are elderly till 19 years – **1,5 LVL**

(1 EUR ~ 0,7 LVL)

Payment in day competition

Entry application after April, 20 or entry application was not send should **pay 200 %**.

Awarding

Diplomas and prizes in individual:

- In both groups first three places;

Cups of the City Jürmala municipal and diplomas for team:

- For first three places;

Accommodation

If it is necessary to lodging for the night, then it is necessary to be informed with manager of RRC"Jaunkemeri"

Phones:

+371 67733522

+371 67733242

e-mails:

sanare@jaunkemeri.lv

Sacensību centrs KRC "Jaunkēmeri", Kolkas ielā 20, Jūrmala
Event center will be located in RRC "Jaunkēmeri", 20 Kolkas Street, Jurmala, Latvia,
Центр соревнований в КРЦ «Яункемери», ул. Колкас 20, г.Юрмала, Латвия



From Riga you can get to us by:

- route taxi "Riga – Jaunkēmeri" (near Riga Central Post Office, to go till the stop "Jaunkēmeri")
- long-distance bus RIGA – TALSI, RIGA – ROJA etc., which run through Jurmala (to get of at the stop "sanatorium Jaunkēmeri", the schedule can be precised at Riga Central Coach Station or at information desks)
- commuter train RIGA – TUKUMS, RIGA – SLOKA till the stop "Sloka", to take the bus No. 6 SLOKA – KEMERI and to go till the stop "sanatorium Jaunkēmeri".

More the information about Jurmala:

www.jurmala.lv

www.jaunkemeri.lv

www.kemeri.gov.lv